Elizabeth (Lisa) A. Velkoff, Ph.D.

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**ACADEMIC APPOINTMENTS**

**Drexel University**, Philadelphia, PA

Center for Weight, Eating, and Lifestyle Science (WELL Center), 2023-present

Postdoctoral Research Fellow

**Lewis & Clark College**, Portland, OR

Department of Psychology, Spring 2023-Fall 2023

Adjunct Professor

**Reed College**, Portland, OR

Department of Psychology, 2022-present

Visiting Assistant Professor

**University of California, San Diego**, San Diego, CA

Eating Disorders Center for Treatment and Research, 2021-2023

Clinical Research Postdoctoral Fellow

**EDUCATION**

**Northwestern University Feinberg School of Medicine**, Chicago, IL

Department of Psychiatry, 2020-2021

Pre-doctoral Clinical Internship

**Miami University**, Oxford, OH

Doctor of Philosophy in Clinical Psychology, August 2021

Certificate in College Teaching, August 2021

Doctoral Dissertation: *Feeling the Urge: Using Ecological Momentary Assessment to Test the Longitudinal Relationship Between Interoception and Multiple Forms of Self-Harm*

Advisor: April Smith, Ph.D.

**Miami University**, Oxford, OH

Master of Arts in Clinical Psychology, December 2017

Master’s Thesis: *Examining Patterns of Change in the Acquired Capability for Suicide*

Advisor: April Smith, Ph.D.

**Northwestern University,** Evanston, IL

Bachelor of Arts, Cum Laude, June 2013

Majors and Departmental Honors in Psychology and English Literature

Senior Honors Thesis: *Effects of Trait Rumination and a Negative-Evaluative Trier Social Stress Test on Several Types of Affect*.

Advisors: Richard Zinbarg, Ph.D, Suzanne Vrshek-Schallhorn, Ph.D

Senior Honors Thesis: *“Uneasy lies the head that wears the crown”: The Succession of Royal Power in William Shakespeare’s Histories and Romances*.

Advisor: William West, Ph.D

**Université de Nantes,** Nantes, France, Fall 2011

Completed courses in Literature (Drama: Power in the Face of Death) and Psychophysiology

**Institute for the International Education of Students,** Nantes, France, Fall 2011

Courses in Advanced Language and Conversation; Phonetics; History of French Art and Architecture

**Institute for the International Education of Students,** Arles, France, Summer 2011

Courses in Advanced Grammar; Sociology (Immigration in the 20th Century)

**GRANTS, HONORS, AND AWARDS**

2024 Drexel University Center for Weight, Eating, and Lifestyle Science Postdoctoral Fellow Research Award ($900)

------ National Institute of Mental Health, Pathway to Independence Award (K99/R00)

Role: PI; Primary Mentor: Christina Wierenga, Ph.D.

Title: Mechanisms Linking Multiple Facets of Interoception and Self-Injurious Behavior (1 K99 MH133087-01)

Status: Unfunded

**2020 – 2021 P.E.O. Scholarship ($15,000)**

**2019 Miami University Department of Psychology Research Award ($4000)**

**2019 Miami University Department of Psychology Capretta Award ($500)**

**2018 Miami University Graduate School Thesis and Dissertation Research Grant ($500)**

**2018 Miami University Department of Psychology Dissertation Grant ($625)**

**2018 Academy for Eating Disorders RSH Scholarship ($5000)**

**2017 Midwestern Psychological Association Diversity Travel Award ($100)**

2016 – 2021 National Science Foundation Graduate Research Fellowship

Role: PI

Title: Affect apprehension and emotion conceptualization: Testing psychological constructionist models of emotion

Status: Funded (stipend and cost-of-education allowance; total funding $138,000)

------ National Institute of Mental Health, National Research Service Award

Role: PI; Faculty Sponsor: April Smith, Ph.D.

Title: Longitudinal effects of interoception on self-injurious behavior (1 F31 MH121038)

Status: Unfunded; Impact Score: 30; Percentile: 25

------ National Institute of Mental Health, National Research Service Award

Role: PI; Faculty Sponsor: April Smith, Ph.D.

Title: Longitudinal effects of interoception on self-injurious behavior (1 F31 MH121038-09)

Status: Unfunded; Impact Score: 34; Percentile: 36

**2016 Society of Multivariate Experimental Psychology Minority Fellowship ($1000)**

**2016 Miami University Department of Psychology Letter of Commendation**

**2016 Miami University Department of Psychology Research Grant (x2; $600, $300)**

**2015 – 2016 Miami University Graduate Student Scholar Assistantship**

**2013 Northwestern University, Cum Laude**

**2013 Northwestern University Weinberg College of Arts and Sciences Conference Travel Grant ($321)**

**2013 Northwestern University Office of the Provost Conference Travel Grant ($321)**

**2013 Northwestern University Psychology Department Conference Travel Grant ($500)**

**2011 Northwestern University Office of the Provost Undergraduate Language Grant**

**2010 Northwestern University Weinberg College of Arts and Sciences Summer Research Grant**

**2009 – 2013 Northwestern University Dean’s List**

**PUBLICATIONS AND PRESENTATIONS**

Journal articles (*n* = 26)

\**denotes graduate student co-author, \*\*denotes undergraduate/post-bac student co-author*

**Velkoff, E. A.**, \*\*Lusich, R., Kaye, W. H., Wierenga, C. E., & Brown, T. A. (2024). Early change in gastric-specific anxiety sensitivity as a predictor of eating disorder treatment outcome. *European Eating Disorders Review.* doi: 10.1002/erv.3099

**Velkoff, E. A.**, \*Perkins, N. M., Dodd, D. R., Brown, T. A., Kaye, W. H., & Wierenga, C. E. (2024). Elevated interoceptive deficits in individuals with eating disorders and self-injurious thoughts and behaviors: A replication and extension. *Suicide and Life-Threatening Behavior*, *54*(1), 129-137. doi: 10.1111/sltb.13024

**Velkoff, E. A.**, \*Rubino, L., \*Liu, J., Manasse, S. M., & Juarascio, A. S. (2024). Early reduction in anxiety sensitivity predicts greater reductions in disordered eating and trait anxiety during treatment for bulimia nervosa. *International Journal of Eating Disorders*. doi:10.1002/eat.24207

\*Denning, D. M., Ciotti, V., Gioia, A., Viranda, T., Reilly, E. E., Berner, L. A., **Velkoff, E. A.**, Anderson, L. K., Kaye, W. H., Wierenga, C. E., & Brown, T. A. (2023). Effects of borderline personality disorder symptoms on dialectical behavior therapy treatment outcomes for eating disorders. *Personality Disorders: Theory, Research, & Treatment*, *15*(2), 146-156*.* doi: 10.1037/per0000641

**Velkoff, E. A.**, Brown, T. A., Kaye, W. H., & Wierenga, C. E. (2023). Confirmatory factor analysis of Acute Suicidal Affective Disturbance in a sample of treatment-seeking eating disorder patients. *Journal of Affective Disorders*, *326*, 155-162. doi: 10.1016/j.jad.2023.01.089

**Velkoff, E. A.**, Brown, T. A., Kaye, W. H., & Wierenga, C. E. (2023). Using clinical cutoff scores on the Eating Disorder Examination-Questionnaire to evaluate eating disorder symptoms during and after naturalistic intensive treatment. *Eating Disorders: The Journal of Treatment and Prevention*, *31*(5), 464-478. doi: 10.1080/10640266.2023.2191488

**Velkoff, E. A.** & Smith, A. R. (2023). Feeling the urge: Using ecological momentary assessment to test the relationship of interoception with disordered eating and non-suicidal self-injury. *Journal of Psychopathology and Clinical Science*, *132*(1), 78-90*.* doi: 10.1037/abn0000794

**Velkoff, E. A.** & Smith, A. R. (2023). Temporal dynamics of interoceptive attention and positive and negative affect in individuals engaging in disordered eating and non-suicidal self-injury. *Journal of Clinical Psychology, 79*(8), 1842-1856. doi: 10.1002/jclp.23508

Aggarwal, P., Ortiz, S. N., Jain, A., **Velkoff, E. A.**, George, T. S., Smith, A., & Raval, V. V. (2022). Examining psychometric properties of the Interpersonal Needs Questionnaire among college students in India. *Suicide and Life‐Threatening Behavior*, *52*(1), 110-120. doi: 10.1111/sltb.12809

\*Denning, D. M., Perry, T. R., Reilly, E. E., Berner, L. A., **Velkoff, E. A.**, Kaye, W. H., Wierenga, C. E., & Brown, T. A. (2022). Associations of suicide risk with emotional reactivity, dysregulation, and eating disorder treatment outcomes. *Suicide and Life-Threatening Behavior*, *52*(6), 1126-1139. doi: 10.1111/sltb.12907

Dodd, D. R., \*\*Harris, K., \*\*Allen, K., **Velkoff, E. A.**, & Smith, A. R. (2021). No pain, no gain? Associations of athletic participation with capability for suicide among college students. *Suicide and Life‐Threatening Behavior*, *51*(6), 1117-1125. doi: 10.1111/sltb.12794

**Velkoff, E. A.**, & Smith, A. R. (2020). Preliminary development of an implicit association test to measure body dissatisfaction and predict disordered eating attitudes. *Body Image*, *34*, 51-58. doi: 10.1016/j.bodyim.2020.05.005

Dodd, D. R., Parsons, E. M., Clerkin, E., M., Forrest, L. N., **Velkoff, E. A.**, Kunstman, J. W., & Smith, A. R. (2019). Perfectly imperfect: The use of cognitive bias modification to reduce perfectionism. *Journal of Behavior Therapy and Experimental Psychiatry*, *64*, 167-174. doi: 10.1016/j.jbtep.2019.04.002

Forrest, L. N., **Velkoff, E. A.**, \*\*Johnson, C., Luebbe, A., & Smith, A. R. (2019). Establishing the psychometric properties and construct validity of the Painful and Provocative Events Scale – Revised. *Journal of Affective Disorders*, *253*, 438-448. doi: 10.1016/j.jad.2019.04.074

Knauft, K., Ortiz, S. N., **Velkoff, E. A.**, Smith, A. R., & Kalia, V. (2019). Keep calm and carry on? Grit buffers against disordered eating unless expressive suppression is used to regulate emotions. *Journal of Social and Clinical Psychology*, *38*(4), 321-342. doi: 10.1521/jscp.2019.38.4.321

**Velkoff, E. A.**, Gibler, R. C., Forrest, L. N., & Smith, A. R. (2019). Indirect effects of negative body talk on eating, exercise, and expectations about steroids among adult men. *Psychology of Men & Masculinity*, *20*(4), 594-602. doi: 10.1037/men0000189

**Velkoff, E. A.**, & Smith, A. R. (2019). Examining patterns of change in the acquired capability for suicide among eating disorder patients. *Suicide and Life‐Threatening Behavior*, *49*(4), 1032-1043.doi: 10.1111/sltb.12505

Smith, A. R., Forrest, L. N., & **Velkoff, E. A.** (2018). Out of touch: Interoceptive deficits are elevated in suicide attempters with eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*, *26*(1), 52-65. doi: 10.1080/10640266.2018.1418243

Smith, A. R., Forrest, L. N., **Velkoff, E. A.**, Ribeiro, J. D., & Franklin, J. C. (2018). Implicit attitudes toward eating stimuli differentiate eating disorder and non-eating disorder groups and predict eating disorder behaviors. *International Journal of Eating Disorders*, *51*(4), 343-351. doi: 10.1002/eat.22843

Smith, A. R., Ortiz, S. N., Forrest, L. N., **Velkoff, E. A.**, & Dodd, D. R. (2018). Which comes first?: An examination of associations and shared risk factors for eating disorders and suicidality. *Current Psychiatry Reports*, *20*(9), 77-85. doi: 10.1007/s11920-018-0931-x

Smith, A. R., **Velkoff, E. A.**, Ribeiro, J. D., & Franklin, J. C. (2018). Are eating disorders and related symptoms risk factors for suicidal thoughts and behaviors? A meta-analysis. *Suicide and Life-Threatening Behavior*, *49*(1), 221-239. doi: 10.1111/sltb.12427

Vrshek-Schallhorn, S., **Velkoff, E. A.**, & Zinbarg, R. E. (2018). Trait rumination and response to negative evaluative lab-induced stress: Neuroendocrine, affective, and cognitive outcomes. *Cognition and Emotion*, *33*(3), 466-479. doi: 10.1080/02699931.2018.1459486

Dodd, D. R., **Velkoff, E. A.**, Forrest, L. N., Fussner, L. M., Smith, A. R. (2017). Beauty in the eye of the beholder: Using facial electromyography to examine the association between eating disorder symptoms and perceptions of emaciation among undergraduate women. *Body Image, 21,*47-56*.* doi: 10.1016/j.bodyim.2017.02.002

Vanderlind, W. M., Stanton, C. H., Weinbrecht, A., **Velkoff, E. A.**, & Joormann, J. (2017). Remembering the good ole days: Fear of positive emotion relates to affect repair using positive memories. *Cognitive Therapy and Research*, 41(*3*), 362-368. doi: 10.1007/s10608-016-9775-z

**Velkoff, E. A.**, Forrest, L. N., Dodd, D. R., & Smith, A. R. (2016). I can stomach that!: Fearlessness about death predicts attenuated facial electromyography activity in response to death-related images. *Suicide and Life-Threatening Behavior*, *46*(3), 313-322. doi: 10.1111/sltb.12194

**Velkoff, E. A.**, Forrest, L. N., Dodd, D. R., & Smith, A. R. (2016). Identity, relationship satisfaction, and disclosure: Predicting suicide risk among sexual minority women. *Psychology of Women Quarterly*, *40*(2), 261-274. doi: 10.1177/0361684315621496

Manuscripts under review (*n* = 1)

\*Presseller, E. K., **Velkoff, E. A.**, \*\*Riddle, D. R., \*Liu, J., Zhang, F., & Juarascio, A. S. (Invited revision). Using continuous glucose monitoring to passively classify naturalistic binge eating and vomiting among adults with binge-spectrum eating disorders: A preliminary investigation.

Manuscripts in preparation (*n* = 10)

\*Billman Miller, M., **Velkoff, E. A.**, & Smith, A. R. (In prep). Trajectories of change in motivation for treatment during higher level of care eating disorder treatment.

\*Grunewald, W., **Velkoff, E. A.**, Kaye, W. H., Wierenga, C. E., & Brown, T. A. (In prep). Examining the psychometric properties of the Toronto Alexithymia Scale in patients with eating disorders.

\*Grunewald, W., **Velkoff, E. A.**, Kaye, W. H., Wierenga, C. E., & Brown, T. A. (In prep). The relationship between disordered eating, depression, and difficulties with emotion regulation in male-identified patients with eating disorders.

\*\*Moussaoui, J. R., Smith, A. R., & **Velkoff, E. A.** (In prep). Latent subtypes of self-injurious urges among adults engaging in disordered eating and non-suicidal self-injury.

\*\*Olson, G., \*\*Heyer, B., Smith, A. R., & **Velkoff, E. A.** (In prep). I (still don’t) love my body: Effects of body-affirming and body-functionality statements on college women’s body satisfaction.

Ortiz, S. N., Reilly, E. E., Brown, T. A., \*Ziobrowski, H., \*Penwell, T., Anderson, L., **Velkoff, E. A.**, Cooper, M., \*Billman, M., Kaye, W. H., Wierenga, C. E., Essayli, J., Crow, S., Levinson, C., Timko, A., Schreyer, C., & Guarda, A. (In prep). Predictors of early discharge from eating disorder treatment.

**Velkoff, E. A.**, \*Lampe, E. W., Manasse, S. M., & Juarascio, A. S. (In prep). Characterizing emotional inertia and its relation to eating disorder behaviors in patients seeking eating disorder treatment.

**Velkoff, E. A.**, Murray, S. M., Brown, T. A., Frank, G. K. W., Schwartz, T. A., Trunko, M. E., Kaye, W. H., & Wierenga, C. E. (In prep). Use of atypical antipsychotics in treating anorexia nervosa: Potential mechanisms and preliminary findings from a naturalistic study at higher level of care.

**Velkoff, E. A.**, \*\*Nunez, A. J., Deville, D. C., Brown, T. A., Menzel, J. E., Ramirez, A. L., Kaye, W. H., & Wierenga, C. E. (In prep). Outcomes of a pediatric eating disorders treatment program: Impact of treatment on eating disorder symptoms in children with anorexia nervosa and avoidant/restrictive food intake disorder, and on parental depression and anxiety.

\*Wetherall, L., \*\*Moussaoui, J. R., \*\*Riddle, D. R., \*Lampe, E. W., & **Velkoff, E. A.** (In prep). Measures of interoceptive sensibility: An analysis of content overlap.

Conference symposia and presentations (*n* = 24)

Moussaoui, J. R., Smith, A. R., & **Velkoff, E. A.** (June, 2024). *Latent Subtypes of Self-injurious Urges.*Oral presentation at Drexel University Research Day, Philadelphia, PA.

**Velkoff, E. A.** (2024, April). Eating disorders, non-suicidal self-injury, and suicide: Shared mechanisms and implications for treatment (Discussant). In R. Frietchen (Chair), *Risk for suicide and non-suicidal self-injury in eating disorders: Evidence and implications*. Symposium presented at the 3rd annual Suicide Research Symposium, online.

**Velkoff, E. A.** & Smith, A. R. (2022, November). Using ecological momentary assessment to examine interoceptive attention as a momentary predictor of disordered eating and non-suicidal self-injury. In N. H. Weiss and A. M. Raudales (Chairs), *Novel daily methodologies to understand the syndemics of suicide and nonsuicidal self-harm among high-risk and marginalized populations.*Symposium accepted for presentation at the 56th Annual Convention for the Association for Behavioral and Cognitive Therapies, New York, NY.

**Velkoff, E. A.** (2021, October). To feel or not to feel: Interoception and the short-term prediction of disordered eating and self-harm. Invited talk presented to the Psychology Department at Reed College, Portland, OR.

Knauft, K. M., Ortiz, S. N., **Velkoff, E. A.**, Smith, A. R., & Kalia, V. (2019, April). Grit buffers against disordered eating unless expressive suppression is used. Talk presented at the 91st annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Velkoff, E. A.**, & Story, A. (2018, August). Navigating the Media. Chaired a conversation hour with Dr. Arthur Markman at the 2018 annual convention of the American Psychological Association, San Francisco, CA.

Dodd, D.R. Forrest, L. N., **Velkoff, E. A.**, & Smith, A. R. (2018, April). Training imperfection: Can cognitive bias modification reduce maladaptive perfectionism and disordered eating?  Research talk presented at the 2018 International Conference on Eating Disorders, Chicago, IL.

Smith, A. R., Forrest, L. N., **Velkoff, E. A.**, Dodd, D. R., & Ortiz, S. N. (2018, April). Testing relations between interoceptive deficits, emotion regulation strategies, and self-injurious behaviors in two eating disorder samples. Research talk presented at the 2018 International Conference on Eating Disorders, Chicago, IL.

Forrest, L. N., Ortiz, S. N., Dodd, D. R., **Velkoff, E. A.**, & Smith, A. R. (2018, April). Comparing core psychopathology between anorexia nervosa and bulimia nervosa versus binge-eating disorder. Research talk presented at the 2018 International Conference on Eating Disorders, Chicago, IL.

Forrest, L. N., Ortiz, S. N., **Velkoff, E. A.**, Dodd, D. R., & Smith, A. R. (2018, April). Bridging eating disorder symptoms and suicidal ideation: A network analysis. Research talk presented at the 2018 International Conference on Eating Disorders, Chicago, IL.

**Velkoff, E. A.**, Hagan, C. R., & Smith, A. R. (2017, June). When grit goes bad: The interaction of autism symptoms and grittiness in the prediction of eating disorder symptoms. Research talk presented at the 2017 International Conference on Eating Disorders, Prague, Czech Republic.

Smith, A. R., **Velkoff, E. A.**, Ribeiro, J. D., & Franklin, J. C. (2017, June). Are eating disorders and related symptoms risk factors for suicidal thoughts and behaviors? A meta-analysis. Research talk presented at the 2017 International Conference on Eating Disorders, Prague, Czech Republic.

**Velkoff, E. A.**, Hagan, C. R., & Smith, A. R. (2017, April). The interaction of autism symptoms and grit predicts disordered eating. Research talk presented at the 2017 annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Velkoff, E. A.** (2016, November). Risk for disordered eating in women: Examining the role of romantic relationships. Research talk presented at the Miami University Graduate Research Forum, Oxford, OH.

Smith, A. R., Franklin, J. C., Ribeiro, J. D., **Velkoff, E. A.**, Forrest, L. N., Dodd, D. R. (2016, October). Can changing implicit evaluations of eating related stimuli reduce eating disorder symptoms? A pilot test of Therapeutic Evaluative Conditioning for Eating Disorders (TEC-ED). In W. Kaye (Chair), *Neuroscience of Eating Disorders*. Symposium conducted at the pre-conference meeting of the Eating Disorder Research Society, New York, NY.

Smith, A. R., **Velkoff, E. A.**, Forrest, L. N., Dodd, D. R., Witte, T. K., Bodell, L., Seigfried, N., Bartlett, M, & Goodwin, N. (2016, October). Out of touch: Interoceptive deficits and emotion regulations strategies are related to self-harm behaviors in individuals with eating disorders. In K. Claudat (Chair), *Emotion Dysregulation in Eating Disorders*. Symposium conducted at the meeting of the Association of Behavior and Cognitive Therapy, New York, NY.

**Velkoff, E. A.**, Gibler, R, & Smith, A. R. (2016, April). *Men’s appearance concerns and body talk predict eating and exercise behaviors*. Research talk presented at the 2016 annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Velkoff, E. A.**, Forrest, L. N., Dodd, D. R., & Smith, A. R. (2016, March). *Identity, relationships, and disclosure: Suicide risk in sexual minority women*. Research talk presented at the 2016 annual meeting of the American Association of Suicidology, Chicago, IL.

Dodd, D. R., Smith, A. R., **Velkoff, E. A.**, & Forrest, L. N. (2015, November). *An emaciated ideal? Using facial electromyography to examine the relationships between eating disorder symptoms and perceptions of emaciation*. In S. Racine (Chair), *Psychophysiological measurement of transdiagnostic constructs with relevance to eating disorders*. Symposium conducted at the 2015 annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Smith, A. R., Dodd, D. R., Clerkin, E. M., Parsons, M., Forrest, L. N., & **Velkoff, E. A.** (2015, November). *Training imperfection: Can cognitive bias modification reduce maladaptive perfectionism, disordered eating, and physiological responses to stress?* In S. Racine, (Chair), *Psychophysiological measurement of transdiagnostic constructs with relevance to eating disorders*. Symposium conducted at the 2015 annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Vrshek-Schallhorn, S., **Velkoff, E. A.**, Zinbarg, R. E., & Adam, E. K. (2015, November). *Trait rumination and stress vulnerability: Affective, neuroendocrine, and cognitive responses to lab-induced stress*. In C. Stroud (Chair), *Rumination and reactivity: Multiple approaches to understanding a transdiagnostic risk factor*. Symposium conducted at the 2015 annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

**Velkoff, E. A.** (2015, October). *Attenuated facial activity in response to death-related images may provide an objective measure of suicide risk*. Research talk presented at the Miami University Graduate Research Forum, Oxford, OH.

**Velkoff, E. A.**, Forrest, L. N., Dodd, D. R., & Smith, A. R. (2015, May). *Identity, relationships, and disclosure: Suicide risk in sexual minority women*. Research talk presented at the 2015 annual meeting of the Midwestern Psychological Association, Chicago, IL.

Forrest, L. N., & **Velkoff, E. A.** (2014, November). *Eating disorders and suicidality: An exploration of the Interpersonal-Psychological theory of suicide*. Invited talk presented at the Eighth Semi-Annual Nutrition Conference, Miami University, Oxford OH.

Poster presentations (*n* = 21)

Moussaoui, J. R.**,**Smith, A. R., & **Velkoff, E. A.** (October, 2024). Digital phenotypes of self-injurious urges*.*Poster presentation at the Society for Research in Psychopathology Annual Meeting, Montreal, QC, Canada.

**Velkoff, E. A.**, Murray, S., Kaye, W. H., & Wierenga, C. E. (2023, May). Using clinical cutoff scores on the Eating Disorder Examination-Questionnaire to evaluate eating disorder symptoms during and after naturalistic intensive treatment. Poster presented at the University of California, San Diego Office of Graduate Medical Education Patient Safety, Quality and Innovation Symposium, San Diego, CA.

Denning, D.M., Ciotti, V., Gioia, A., Viranda, T., Reilly, E.E., Berner, E.A., **Velkoff, E.A.**, Anderson, L.K., Kaye, W.H., Wierenga, C.E., & Brown, T.A. (2023, April). Effects of borderline personality disorder symptoms on disordered eating behaviors during partial hospitalization. Poster presented to the annual convention of the North American Society for the Study of Personality Disorders, Waltham, MA.

Denning, D. M., Ciotti, V., Gioia, A., Viranda, T., Reilly, E. E., Berner, L. A., **Velkoff, E. A.**, Anderson, L. K., Kaye, W. H., Wierenga, C. E., & Brown, T. A. (2022, November). Effects of borderline personality disorder symptoms on eating disorder treatment outcomes. Poster presented at the Eating Disorder and Eating Behavior Special Interest Group at the 56th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

**Velkoff, E. A.**, Brown, T. A., Kaye, W. H., & Wierenga, C. E. (2022, September). *Using clinical cutoff scores on the Eating Disorder Examination-Questionnaire to evaluate eating disorder symptoms during and after naturalistic intensive treatment*. Poster presented at the 28th annual meeting of the Eating Disorders Research Society, Philadelphia, PA.

**Velkoff, E. A.**, Aggarwal, P., Jain, A., Ortiz, S. N., George, T. S., Smith, A. R., & Raval, V. V. (2019, November). *Confirmatory factor analysis of the Interpersonal Needs Questionnaire among undergraduate students in India*. Poster presented at the 53rd annual convention of the Association for Behavior and Cognitive Therapies, Atlanta, GA.

Aggarwal, P., Ortiz, S., Jain, A., **Velkoff, E. A.**, George, T. S., Smith, A., & Raval, V. V. (2019, November). *Testing the Interpersonal Theory of Suicide among college students in India*. Poster presented at the 53rd annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

**Velkoff, E. A.**, & Smith, A. R. (2019, September). *Implicit body dissatisfaction predicts disordered eating behavior*. Poster presented at the 25th annual meeting of the Eating Disorders Research Society, Chicago, IL.

**Velkoff, E. A.**, & Smith, A. R. (2019, March). *Implicit body dissatisfaction predicts disordered eating behavior*. Poster presented at the 2019 International Conference on Eating Disorders, New York, NY.

**Velkoff, E. A.**, & Smith, A. R. (2018, November). *Implicit body dissatisfaction predicts disordered eating behaviors*. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

**Velkoff, E. A.**, \*Yeager, A. E., & Smith, A. R. (2017, June). *Risk for disordered eating in heterosexual and sexual minority women: Examining the role of relationship status, relationship satisfaction, and sexual identity*. Poster presented at the 2017 International Conference on Eating Disorders, Prague, Czech Republic.

\*Demeropolis, E., **Velkoff, E. A.**, \*Yeager, A. E., & Smith, A. R. (2017, April). *Risk for disordered eating among women: Examining romantic relationships*. Poster presented presentation at the 2017 annual meeting of the Midwestern Psychological Association, Chicago, IL.

Smith, A. R., Franklin, J. F., Ribeiro, J. D., Forrest , L. N., **Velkoff, E. A.**, Dodd, D. R. (October, 2016). Web-based therapeutic evaluative conditioning for the treatment of eating disorders. Poster presented at the 22nd annual meeting of the Eating Disorder Research Society, New York, NY.

\*Harris, K. M., \*Allen, K. J., \*Neri, S. A., **Velkoff, E. A.**, Forrest, L. N., & Smith, A. R. (October 2016). 'No pain, no gain': Factors associated with pain tolerance and fearlessness about death among collegiate athletes. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

\*Allen, K. J., \*Harris, K. M., **Velkoff, E. A**, Smith, A. R. (2016, January).  *Examining predictors of fearlessness about death and pain tolerance among athletes*. Poster presented at the Diversifying Clinical Psychology Event at the Council of University Directors of Clinical Psychology, Miami, FL.

**Velkoff, E. A.**, Forrest, L. N., Dodd, D. R., & Smith, A. R. (2015, November). *Identity, relationships, and disclosure: Suicide risk in sexual minority women*. Poster presented at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

**Velkoff, E. A.**, \*Harris, K., \*Fennell, M., & Smith, A. R. (2015, May). *Disgust sensitivity, facial electromyography, and the acquired capability for suicide*. Poster presented at the 2015 annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Velkoff, E. A.**, \*Fennell, M., \*Harris, K., & Smith, A. R. (2015, April). *“I can’t stomach that!”: Disgust sensitivity and the acquired capability for suicide*. Poster presented at the 48th annual conference of the American Association of Suicidology, Atlanta, GA.

**Velkoff, E. A.**, Vanderlind, W. M., & Joormann, J. (2014, May). *Understanding positive affect regulation: The relation between affect apprehension and cognitive control*. Poster presented at the 26th annual conference of the Association for Psychological Science, San Francisco, CA.

Vrshek-Schallhorn, S., & **Velkoff, E. A.** (2014, March). *Does trait rumination enhance stress vulnerability? Affective, neuroendocrine, and cognitive responses to acute lab-induced stress*. Poster presented at the annual conference of the Anxiety and Depression Association of America, Chicago, IL.

**Velkoff, E. A.**, Vrshek-Schallhorn, S., Zinbarg, R. E., Adam, E. K., & Mineka, S. (2013, May) *Interaction of rumination and negative evaluative Trier Social Stress Test on affect*. Poster presented at the 25th annual conference of the Association for Psychological Science, Washington, D.C.

**TEACHING EXPERIENCE**

Reed College, Visiting Assistant Professor

Psychology 200: Research Methods in Health Psychology (Spring 2024)

Psychology 225: Psychology of Stress and Resilience (Fall 2022, Fall 2023)

Psychology 322: Social Psychology (Spring 2024)

Lewis & Clark College, Adjunct Professor

Psychology 240: Abnormal Psychology (Spring 2023, Fall 2023)

Miami University, Guest Lecturer

Psychology 112: Foundational Experiences (Fall 2019; Instructor: Christina Roylance)

Psychology 343: Psychopathology (Spring 2018; Instructor: Julia Kaufman)

Miami University Summer Scholars Program, Graduate Assistant

Measuring the Mind (Summer 2017; Instructor: April Smith)

Miami University, Teaching Assistant

Psychology 242: Abnormal Psychology (Spring 2016; Instructor: April Smith)

**CLINICAL EXPERIENCE AND LICENSURE**

**Licensed Clinical Psychologist, State of California # 34663, active status**

**I. Individual and Group Intervention**

2020 – 2021 Northwestern University Feinberg School of Medicine Department of Psychiatry, Chicago, IL: Stone Outpatient Psychiatry Clinic; Eating Recovery Center/Pathlight Mood and Anxiety

Role: Pre-doctoral Intern

Population: Adults (general outpatient); Adults and adolescents (intensive outpatient; eating disorder program and mood/anxiety/trauma program)

Supervisors: Ellen Astrachan-Fletcher, Ph.D., Cindy Dopke, Ph.D, Jane Conron, Ph.D.

2018 – 2019 The Center for Balanced Living, Columbus, OH

Role: Graduate Student Intern

Population: Adults and adolescents (intensive outpatient and partial hospitalization eating disorder program; multi-family neurobiologically-informed partial hospitalization program for adults with anorexia nervosa)

Supervisors: Jason McCray, Ph.D., Lindsay Varkula, Ph.D.

2017 – 2018 Miami University Student Counseling Service

Role: Doctoral Associate

Population: Adult undergraduate and graduate students (general outpatient)

Supervisors: Lauren Evans-Toben, Ph.D., Melissa Schultz, Ph.D.

2016 – 2020 Miami University Psychology Clinic

Role: Graduate Student Therapist

Population: Adults (general outpatient)

Supervisors: Joshua Magee, Ph.D., Deborah Wiese, Ph.D.

**II. Psychological Assessment**

2017 – 2018 Miami University Psychology Clinic

Role: Clinical Psychology Trainee

Population: Adults, adolescents, and children

Supervisor: Julie Rubin, Ph.D.

**Assessment Instrument Competency**

Achenbach Behavior Assessment System for Children, 3rd Edition (BASC-3)

Beck Anxiety Inventory (BAI)

Beck Depression Inventory (BDI)

Brief Alcohol Screening and Intervention for College Students (BASICS)

Counseling Center Assessment of Psychological Symptoms (CCAPS)

Mini International Neuropsychiatric Interview (MINI)

Minnesota Multiphasic Personality Inventory, 2nd Edition and 2nd Edition, Restructured Form (MMPI-2 and MMPI-2-RF)

Symptom Checklist-90-Revised (SCL-90)

Vineland Adaptive Behavior Scales, 3rd Edition

Wechsler Adult Intelligence Scale, 4th Edition (WAIS-IV)

Wechsler Individual Achievement Test, 3rd Edition (WIAT-III)

Wechsler Intelligence Scale for Children, 5th Edition (WISC-V)

**III. Clinical Supervision**

2020 Miami University Psychology Clinic

Role: Supervision Trainee

Supervisee Population: Junior graduate student therapists

Supervisor: Deborah Wiese, Ph.D.

**SERVICE AND LEADERSHIP**

2022 – 2023 Postdoctoral Voting Member, Chancellor’s Advisory Committee on the Status of Women, University of California, San Diego

2020 Graduate Student Representative, Clinical Area Admissions Committee, Miami University Department of Psychology

2019 – 2020 Graduate Student Representative, Clinical Area, Miami University Department of Psychology

2018 – 2020 Graduate Mentor, Doctoral Undergraduate Opportunity Scholarship Program, Miami University

2016 – 2018 Clinical Science Representative, American Psychological Association Science Student Council

2015 – 2016 Psychology Department Representative, Graduate Student Association, Miami University

2015 Graduate Student Advisor, Undergraduate Honors Thesis, Miami University Department of Psychology

2015 – 2016 Graduate Student Liaison, Active Minds, Miami University

2012 – 2013 Member, Campus Coalition for Mental Health, Northwestern University

2011 – 2013 Co-Founder and Co-President, Active Minds, Northwestern University

**Ad-hoc reviewer**

*American Journal of Orthopsychiatry*

*Appetite*

*Frontiers in Psychology*

*International Journal of Clinical and Health Psychology*

*International Journal of Eating Disorders*

*Journal of Consulting and Clinical Psychology*

*Journal of Social and Clinical Psychology*

*Neuroscience and Biobehavioral Reviews*

*Psychiatry Research*

*Psychological Medicine*

*Scientific Reports*

**PROFESSIONAL MEMBERSHIPS**

2022 - Society for the Teaching of Psychology

2019 - Academy for Eating Disorders

2016 - Psi Chi, The International Honor Society in Psychology

2015 - Association for Behavioral and Cognitive Therapies

2013 - Association for Psychological Science

2015 – 2019 Midwestern Psychological Association

2014 – 2018 American Psychological Association

**REFERENCES**

**Adrienne Juarascio, Ph.D.**

Postdoctoral Research Mentor

Associate Professor of Psychology and Brain Sciences, Drexel University

Director of Practicum Training, Department of Psychology and Brain Sciences

Director of Training, Center for Weight, Eating, and Lifestyle Science (WELL Center)

Phone: (215) 553-7154

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**April Smith, Ph.D.**

Graduate Advisor

Associate Professor, Department of Psychology, Auburn University

Director, Research on Eating Disorders and Suicidality Lab

Co-Director, Auburn Eating Disorders Clinic

Phone: (334) 844-7011

Email: [ars0152@auburn.edu](mailto:ars0152@auburn.edu)

**Christina Wierenga, Ph.D.**

Postdoctoral Research Mentor

Professor of Psychiatry, UCSD School of Medicine

Research Psychologist, VASDHS

Co-Director, VA/UCSD Psychology Internship Training Program

Co-Director of Research, UCSD Eating Disorders Treatment & Research Program

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Email: [cwierenga@health.ucsd.edu](mailto:cwierenga@health.ucsd.edu)