

Slips, Trips, and Falls



Department of Environmental
Health and Safety

SLIPS, TRIPS, AND FALL

WHAT WE WILL COVER

1. INTRODUCTIONS
2. PURPOSE & BACKGROUND
3. SLIPS, TRIPS, AND FALLS AT REED
4. DISCUSSION

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PURPOSE

- Number one reported accident resulting in injury at Reed.
- In conjunction with our general liability consortium we have committed to reducing the likelihood of slip/trip/fall accidents.
- We request your feedback after the course so we can obtain metrics for improvement.

SLIPS, TRIPS, AND FALLS

- Slips, trips, and falls account for over 60% of the reported accidents at Reed College. These accidents include: Broken bones, cuts, strains, sprains, back injury.
- Accidents resulting from slips, trips, or falls can be related to a variety of hazards in the workplace. It is important to identify these hazards and implement mitigation factors to prevent injury.
- Some examples of hazards that can lead to a slip, trip, or fall:

Wet surfaces	Poor lighting
Weather hazards	Clutter
Loose rugs or mats	Extension cords
Uneven walking surfaces	Stairs

Often a situation where multiple hazards exist

- Walking Down Stairs While Carrying Boxes
- Slippery Leaves in Low-Lighting
- Crossing an Extension Cord While Distracted (like Texting)

REMEMBER TO

- 1.) REPORT HAZARDS
- 2.) CLEAN UP SPILLS
- 3.) KEEP YOUR WORK AREAS CLEAN
- 4.) PAY ATTENTION WHERE YOU ARE WALKING
- 5.) WEAR APPROPRIATE FOOTWEAR FOR THE HAZARDS PRESENT



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FALL PREVENTION FROM HEIGHTS

- Always use fall protection for heights over 4 feet.
 - Use adequate fall protection such as guardrails or a full-body harness with a retractable lanyard that is 100% tied off to an approved anchor point.
- When climbing ladders make sure to use proper ladder safety techniques.
 - Ladder should be secure, stable, and in good condition
 - Don't carry objects. You need your hands! Maintain 3 points of contact.
 - Don't use the top two steps!
 - Use the right ladder for the job
 - Reaching/leaning increases risk

INTERACTIVE TIME!

- Thinking about your day-to-day activities, what are your potentials for slip, trips, falls?
- Have you had a close call before? Where was that at?

Other discussion items?